

Major Offered Through:



Central Oregon Community College

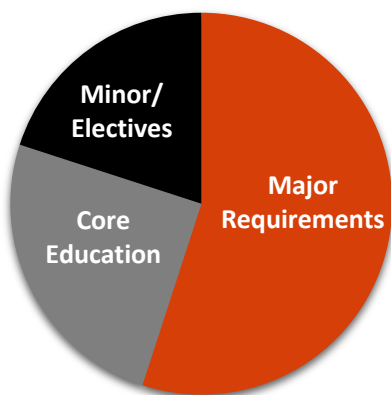
Public Health (PH)

Public health is a multifaceted field for those interested in the health of communities and population groups, and the connections between daily activities and overall well-being.

Students learn to investigate, analyze, and communicate multiple, complex influences on health outcomes, including environmental factors, economic and racial inequities, access to health services, and other societal determinants of human health.

Graduates pursue careers in public and private sectors, locally and globally, to promote health, prevent disease, and solve pressing societal problems.

Your Bachelor's Degree BS in the College of Health



- A minimum of 180 credits are required for graduation; 60 must be upper division (300 and 400-level courses).
- A maximum of 135 credits earned at a community college may be applied toward a bachelor's degree at OSU.
- Only courses with letter prefixes and numbers at or above 100 can be accepted.
- OSU Public Health majors are encouraged to select one of the following Tracks (but not required):
 - Health Promotion Health Behavior
 - Health Systems & Policy
 - Pre-Medical, Pre-Clinical
 - Public Health Science

Learn more: <https://beav.es/GCk>

Courses for the Public Health Major (Offered at Central Oregon Community College)

+ OSU Core Ed category or course. Speak with an OSU advisor for more information

Lower Division Core Course Requirement	Central Oregon Community College Equivalent	OSU Courses	OSU Credits	Core Education Category	Notes
Intro Public Health	PHE 100	H 100	4		
+Disease Detectives	N/A	HHS 120	4	Scientific Inquiry & Analysis	PHE 244 available beginning 26-27 AY
+Human & Planetary Health	PHE 244	H 244			
+Life Expectancy U.S.	N/A	H 119	3	Social Science	
+HIV Stigma	N/A	H 256			
Intro Health Care System	PHE 210	H 210	3		
Intro Health Data Analysis	DATA 101 ST 243z	H 220	3		By petition, pre-approved
+Social Determinants of Health	PHE 228	H 225	4	DPO Foundations	
+Science Communication & Health Literacy	PHE 249	H 249	3	Communication, Media, Society	PHE 249 available beginning 26-27 AY
Total Lower Division Core Course Requirements			26		

Upper Division Core Course Requirement	OSU Courses	OSU Credits	Core Education Category	Notes
Transitions	HHS 300	2	Transitions	Transfer section, required first term at OSU
Intro Health Policy	H 319	3		
Intro Human Disease	H 320	3		
Global Public Health	H 333	3		
+Foundations Env Health	H 344	4	DPO Advanced	
+PH Health Equity & Social Justice	H 470	4		
Foundations of Epidemiology	H 425	3		
Planning & Evaluating Health Programs	H 476	3/4	WIC	Choose One
Healthcare Law & Regulation	H 434			
Reporting PH Data	HHS 421			
+Professionalism & Leadership	H 419	2	Beyond OSU I & II	
Internship/Experiential Learning	H 439	12		
Total Upper Division Core Course Requirements		37-38		

Required Elective Credit in addition to Core Cores	OSU Credits	Notes
H or HHS	27-28	Up to 12 credits of H or HHS OSU Equivalent Lower Division Transfer (LDT) credit will apply (e.g., COCC PHE 282 = 6 credits of OSU H LDT credit)
College of Health (COH)	12	Required COH elective credit can be fulfilled with H or HHS coursework or can be selected from HDFS, NUTR or KIN courses. Up to 3 credits of PAC will be allowed. Up to 6 credits of COH OSU Equivalent Lower Division Transfer (LDT) credit will apply (COCC HHP 259 = 3 credits of OSU KIN LDT credit)

Degree Summary	OSU Credits	
Lower Division Core	26	
Lower Division Core	37-38	
H & HHS Elective Credits	27-28	
College of Health (COH) Elective Credits	12	
Core Ed credits not accounted for in Public Health Major Requirements	24-27	Writing Foundations (4); Writing Elevation WR (3); Arts & Humanities: general (3-4); Arts & Humanities: global (3-4); Scientific Inquiry & Analysis (one of two) (4); Quantitative Literacy & Analysis (4) and Seeking Solutions (3-4).
Out-of-Major Elective Credit	49-54	
Total	180	

Core Education Requirements (aka “Core Ed” for students admitted to OSU Summer 2025 and onward)

For information about Core Education Transfer Credit see <https://coreeducation.oregonstate.edu/students/core-education-transfer-credit>

Visit the OSU Website (<https://oregonstate.edu/>) and type “Core Education Course Articulations for “Central Oregon Community College” in the search bar to find a full listing of courses that fulfill Core Education requirements.

	Core Ed Category	Credits
FOUNDATIONAL CORE	Writing Foundations	4
	Arts and Humanities: General	3-4
	Arts and Humanities: Global	3-4
	Quantitative Literacy and Analysis	4
	Communication, Media and Society	3
	Social Science	3-4
	Scientific Inquiry and Analysis (2 courses)	8 (4 per course)
	Difference, Power and Oppression (DPO) Foundations	3-4
SIGNATURE CORE	Transitions	2
	Beyond OSU I & II	0 (taken for credit in PH Major)
	Difference, Power and Oppression (DPO) Advanced	3-4
	Seeking Solutions	3-4
	Writing Elevation	3
	Writing Intensive Curriculum (WIC)	3-4

Important Notes & Resources

Important Notes for the College and Major:

- Grade requirements: see <https://health.oregonstate.edu/Public-Health/undergrad> for more information.
- Talk with an OSU advisor about your specific timeline.
- It is important to speak with your Advisor early on, and often, to ensure correct course selection and sequencing.

Resources and OSU Information:

- Students do not have to complete a transfer degree in order to transfer to OSU.
 - If you've completed the Oregon AAOT or ASOT, all lower division Core Ed requirements are considered complete, **however the Public Health degree does require some specific lower division Core Ed courses be taken for the major.**
 - If you've completed to CTM (Core Transfer Map) or an MTM (Major Transfer Map), all lower division Bacc Core/Core Ed requirements are considered complete except Difference, Power and Oppression Foundations. **The Public Health degree does require some specific lower division Core Ed courses be taken for the major.**
- Preparing to apply to OSU? See admissions info: oregonstate.edu/admissions/transfer.html
- Want to take classes at both OSU and an Oregon community college? Check out the Degree Partnership Program: partnerships.oregonstate.edu/students
- It is important to speak with your CC & OSU Advisors early on, and often, to ensure correct course selection and sequencing.
- Visit OSU for a campus tour and meet with an advisor; schedule your visit at visitosu.oregonstate.edu/visit-campus
- Find more transfer student information at transfer.oregonstate.edu.

Advising Contacts

It is important to speak with your OSU academic advisor early on, and often, to ensure correct course selection and sequencing. Academic advisors at your community college and OSU are available to answer your questions and assist you in creating a transfer plan. **See your community college advisor first and use this Transfer Guide to help you plan.** Also, consider visiting OSU to take a campus tour and meet with an advisor. See visitosu.oregonstate.edu/visit-campus to schedule your personalized visit.

Central Oregon Community College

[Academic Advising - Central Oregon Community College](#)

OSU College of Health Advising Office

Women's Building 105, CollegeofHealth.Peer@oregonstate.edu, (541) 737-8900